

The Canton Fall Classic 10K is a scenic and challenging country course. The race has been hailed as one of the South Shore's finest races, tough but beautiful. The 5K offers a competitive alternative for those interested in a shorter and faster race. Both courses are accurate, wheel measured with split time and ample water stations.

With Gratitude to Our Sponsors



M-S WALKER
FINE WINES & SPIRITS SINCE 1933



Patrons & Donors

Training Fix
CAF Pension
TreeTop Adventures

Coastal Home Realty
Canton Police

Friends

Marathon Sports
Zayde's Market

Wegmans
Grillo's Pickles

Parking

Parking is available for the first 200 cars in the Draper Mfg lot.

Please note: Parking on Chapman street is limited to the odd numbered side only. There will be no parking allowed on the fun run course (Draper and Sumner St.) Overflow at the John F. Kennedy School on Dedham St. or Canton High School on Washington Street

T-Shirts

Canton Fall Classic dri-tech t-shirts are high quality, multi-colored and long sleeve.

Register Early!

T-shirts guaranteed to all pre-registrations.

5K Course Records

Men 15:22 Josh Ferenc (2006)
Women 16:41 Carol Zajac (1995)

10K Course Records

Men 29:49 Amos Sang (2016)
Women 35:08 Julie Spolidoro (2008)

Special \$100 Cash Prize for New 10K Men's and Women's Course Record

Defending Champions

>>10K<<
Men: Eric Greenspan 34:52
Women: Andrea Widberg 42:53

>>5K<<
Men: Louis Raffeto 17:03
Women: Lauren Tarvin 21:30

Online Registration Available

www.racewire.com
Portion of the Proceeds go to the Canton Food Pantry

APPLICATION

Waiver, Release, and Acknowledgement: In Consideration of accepting this entry, I hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against B'nai Tikvah, its employees, agents, officers, directors, sponsors and volunteers, their representatives, successors and assigns for all injuries suffered by me in said event. I further attest and certify that I am physically fit and have sufficiently trained for competition in this event.

Print Name _____ Male _____ Female _____ Age on Race Day _____
 Address _____ City _____ State _____ Zip _____
 Phone _____ E-mail: _____
 Signature _____
 Parent/Guardian (if under 18)

Check Race Division Check Event Registration Fee(s) Check T-Shirt Size

Under 18 _____
 Open (18-29) _____
 Submaster (30-39) _____
 Master (40-49) _____
 Senior (50-59) _____
 Veteran (60-69) _____
 Super Vet(70+) _____

10K Run: _____ \$35
 5K Run: _____ \$35

Fun Run: _____ \$12
 Senior Walk: _____ \$15

Adults/Seniors: S ___ M ___ L ___ XL
 Kids: S ___ M ___ L

Check Payable to: B'nai Tikvah
Mail Application to: Harvey Blonder, 5 Hillside Street, Canton, MA 02021

Awards

Over \$2400 in cash and merchandise prizes to top finishers (5k and 10k) in the following divisions:

- Under 18
- Open (18-29)
- Submaster (30-39)
- Master (40-49)
- Senior (50-59)
- Veteran (60-69)
- Super Vet (70+)

Course Record Bonuses:

- \$100 for new men's 10k course record (sub 29:49)
- \$100 for new women's 10k course record (sub 35:08)
- \$50 for new men's 5k course record (sub 15:22)
- \$50 for new women's 5k course record (sub 16:41)

Timing and Online Post Race Results by:

Racewire
www.racewire.com

While we welcome all abilities and in consideration of all runners, we cannot guarantee course support for those finishing beyond 1:15 in the 10K.

Information

For more information contact:
hblonder@gmail.com
(617) 759-6438

Race Directors

Harvey Blonder, Melissa Mayer,
Andrew Baizen

Canton Fall Classic

B'nai Tikvah
1301 Washington St.
Canton, MA 02021

Non-Profit Org.
U.S. Postage
PAID
Canton, MA
Permit No. 25



10K Road Race 5K Road Race Fun Run Senior Walk

Registration closes at 9:45AM
Senior Walk start time 9:00AM
1 Mile Fun Run 9:45AM

Sunday
October 27, 2019
10:00 a.m.
www.cantonfallclassic.com

B'nai Tikvah
1301 Washington Street
Canton, MA