

The Canton Fall Classic 10K is a scenic and challenging country course. The race has been hailed as one of the South Shore's finest races, tough but beautiful. The 5K offers a competitive alternative for those interested in a shorter and faster race. Both courses are accurate, wheel measured with split time and ample water stations.

With Gratitude to Our Sponsors

Patrons

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Frank Lamparelli Oil
Cumberland Farms

Friends

Ron Michelson
Reebok
Marathon Sports
Vita Coco Water
Cascadian Farm
food should taste good

Main Course
Larabar
5 Hour Energy
Pretzel Chips
Garelick Farms
Anonymous

Parking

Parking is available for the first 200 cars in the Draper Mfg lot.

Please note: Parking on Chapman street is limited to the odd numbered side only. There will be no parking allowed on the fun run course (Draper and Sumner St.)

Overflow at the John F. Kennedy School on Dedham St. or Canton High School on Washington Street

T-Shirts

Canton Fall Classic t-shirts are high quality, multi-colored and long sleeve.

Register Early! T shirts guaranteed to all entries received before Oct 15

5K Course Records

Men 15:22 Josh Ferenc (2006)
Women 16:41 Carol Zajac (1995)

10K Course Records

Men 30:12 Dave Dunham (1991)
Women 35:08 Julie Spolidoro (2008)

\$500 BONUS FOR NEW MEN'S 10K COURSE RECORD

Defending Champions

>>10K<<

Men 32:37 Chris Mahoney
Women 40:17 Randy Stockbridge

>>5K<<

Men 15:36 Mike Griffin
Women 18:06 Heather Searles

Online Registration Available

www.racewire.com

Race Announcer/DJ services by Brewster Productions

APPLICATION

Waiver, Release, and Acknowledgement: In Consideration of accepting this entry, I hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against Temple Beth Abraham, its employees, agents, officers, directors, sponsors and volunteers, their representatives, successors and assigns for all injuries suffered by me in said event. I further attest and certify that I am physically fit and have sufficiently trained for competition in this event.

Print Name _____ Male _____ Female _____ Age on Race Day _____

Address _____ City _____ State _____ Zip _____

Phone _____ E-mail: _____ Signature _____

If you are running for a team you must indicate the team name before race. Please indicate team name: _____ Parent/Guardian (if under 18) _____

Check Race Division

Under 18 _____
Open (18-29) _____
Submaster (30-39) _____
Master (40-49) _____
Senior (50-59) _____
Veteran (60-69) _____
Super Vet(70+) _____

Check Event Registration Fee(s)

10K Run: _____ \$22 _____ (\$25 after 10/15)
5K Run: _____ \$22 _____ (\$25 after 10/15)
Fun Run: _____ \$10 _____

Check T-Shirt Size

S _____ M _____ L _____ XL _____
Kids: _____ S _____ M _____ L _____

Check Payable to: Temple Beth Abraham

Mail Application to: Rich Zides, 19 Robbin Road Canton, MA 02021

Awards

Cash and merchandise prizes to top finishers (5K and 10K) in the following age divisions:

Under 18
Open (18-29)
Submaster (30-39)
Master (40-49)
Senior (50-59)
Veteran (60-69)
Super Vet (70+)

*Over \$2,400 in Cash and
Merchandise Prizes*

*Special \$50 Cash Prize for New
5K Course Record*

*Special \$100 Cash Prize for New
10K Course Record*

New: Team Award in 10k

Team scoring will be based on 3 person teams
Men: 1st - \$125 2d - \$75 3d - \$50
Women: 1st - \$125 2d - \$75 3d - \$50

Timing and Online Post Race Results by:

Racewire

www.racewire.com

While we welcome all abilities and in consideration of all runners, we cannot guarantee course support for those finishing beyond 1:15 in the 10K.

Information

For more information contact:

Race Directors

Rich Zides, Harvey Blonder,

Melissa Mayer

(781) 828-7284, (781) 828-4095

www.cantonfallclassic.com

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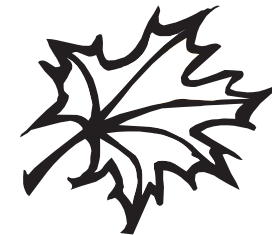
Canton Fall Classic

Temple Beth Abraham
1301 Washington St.
Canton, MA 02021

23rd Annual



CANTON FALL CLASSIC



11

**10K Road Race
5K Road Race**

New for 2011:

- **Chip Timing**
- **3 Person Team Race Category**
- **Team prizes in 10K only**
- **Registration closes at 9:45**
- **1 Mile Fun Run - Start Time 9:45**
- **\$500 Prize for breaking the 10K
20 year record of 30:12**

**Sunday
October 30, 2011
10:00 a.m.**

Temple Beth Abraham
1301 Washington Street
Canton, MA