

The Canton Fall Classic 10K is a scenic and challenging country course. The race has been hailed as one of the South Shore's finest races, tough but beautiful. The 5K offers a competitive alternative for those interested in a shorter and faster race. Both courses are accurate, wheel measured with split time and ample water stations.

With Gratitude to Our Sponsors



Canton Police Association



Parking

Parking is available for the first 200 cars in the Draper Mfg lot. Please note: Parking on Chapman street is limited to the odd numbered side only. There will be no parking allowed on the fun run course (Draper and Sumner St.)

T-Shirts

Canton Fall Classic t-shirts are high quality multi-colored long-sleeve technical shirts.

Register Early! T shirts will be limited to the first 350 registrants.

5K Course Records

Men 15:22 Josh Ferenc
Women 16:41 Carol Zajac

10K Course Records

Men 30:12 Dave Dunham
Women 35:08 Julie Spolidoro

Defending Champions

>>10K<<

Men 33:23 Tony Delogne
Women 37:58 Amanda Kourtz

>>5K<<

Men 16:05 Kevin Gorman
Women 19:24 Kara Lynne Kerr

Online Registration Available

www.signmeupsports.com

Race Announcer/DJ services by Brewster Productions

APPLICATION

Waiver, Release, and Acknowledgement: In Consideration of accepting this entry, I hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against Temple Beth Abraham, its employees, agents, officers, directors, sponsors and volunteers, their representatives, successors and assigns for all injuries suffered by me in said event. I further attest and certify that I am physically fit and have sufficiently trained for competition in this event.

Print Name _____ Male _____ Female _____ Age on Race Day _____
 Address _____ City _____ State _____ Zip _____
 Phone _____ E-mail: _____ Signature _____
 Parent/Guardian (if under 18) _____

What feature in our race do you find most appealing? _____

Check Race Division

Under 18 _____
 Open (18-29) _____
 Submaster (30-39) _____
 Master (40-49) _____
 Senior (50-59) _____
 Veteran (60-69) _____
 Super Vet(70+) _____

Check Event Registration Fee(s)

10K Run: \$22
 5K Run: \$22
 Fun Run: \$10

Check T-Shirt Size

S _____
 M _____
 L _____
 XL _____

Check Payable to: Temple Beth Abraham
Mail Application to: Rich Zides, 19 Robbin Road Canton, MA 02021

Awards

Cash and merchandise prizes to top finishers (5K and 10K) in the following age divisions:

Under 18
Open (18-29)
Submaster (30-39)
Master (40-49)
Senior (50-59)
Veteran (60-69)
Super Vet (70+)

*Over \$2,400 in Cash and
Merchandise Prizes*

*Special \$50 Cash Prize for New
5K Course Record*

*Special \$100 Cash Prize for New
10K Course Record*



Timing and Online Post Race Results by:
JB's Road Race Management
www.jbrace.com

While we welcome all abilities and in consideration of all runners, we cannot guarantee course support for those finishing beyond 1:15 in the 10K.

Information

For more information contact:

Race Directors

**Rich Zides, Harvey Blonder,
Melissa Meyer**

(781) 828-7284, (781) 828-4095
www.cantonfallclassic.com

Non-Profit Org.
U.S. Postage
PAID
Canton, MA
Permit No. 25

Canton Fall Classic

Temple Beth Abraham
1301 Washington St.
Canton, MA 02021

22nd Annual Canton Fall Classic

10K Road Race
5K Road Race

New for 2010:
1 mile Fun Run
Start time 9:45

**Sunday
October 31, 2010
10:00 a.m.**

Temple Beth Abraham
1301 Washington Street
Canton, MA